(Reduced hours June 14-21 & August 26-Sept 2)

BABY POOL HOURS: Monday to Thursday: 9am-7:30pm EXCEPT during events.

Friday: 12pm-7:30pm

Saturday and Sunday: 10:30am-7:30pm

	MONI	DAY	TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
6:30 AM	Maintenance		Maintenance			Maintenance		Maintenance						
6:45 AM 7:00 AM	Earlybird swim		Earlybird swim		Earlybird swim		Earlybird swim							
7:30 AM 8:00 AM	Synchro solo & duet		Synchro solo & duet		Synchro solo & duet		Synchro solo & duet							
8:30 AM 9:00 AM 9:30 AM 10:00 AM	Lessons		Lessons		Lessons		Lessons		Synchro Technical (all)		Maintenance		Maintenance	
10:30 AM	Aquafit		Aquafit		Aquafit		Aquafit Synchro team 6 & under ST		Staff training Swim team		Rubber ducky swim			
11:00 AM 11:30 AM	Synchro team		Synchro team 6 & under ST		Synchro team 6 & under ST								Rubber ducky swim	
12:00 PM 12:30 PM	Swim team		Swim team		Swim team		Swim team							
1:00 PM 1:30 PM	Adult swim	Diving	Adult swim	n Di	ving	Adult swim		Adult Swim	Diving	Adult Swim	Diving	Adult	swim	Adult swim
2:00 PM 2:30 PM 3:00 PM 3:30 PM 4:00 PM 4:30 PM	Free Swim		Free Swim		Bronze Free Swim		Free Swim	First Aid	Free :	Free Swim		Swim	Free Swim	
5:00 PM 5:30 PM	Water Polo Team		Water Polo Team		Adult swim Family Swim		Water Polo Team				Adult lessons & Masters	Adult swim	Adult swim	
6:00 PM 6:30 PM 7:00 PM	Free Swim		Adult Lessons/Masters/ Lane swim Free Swim		Free Swim		Adult Lessons/Masters/ Lane swim	Evening lessons	Free Swim	BBQ	Free swim		Free swim	
7:30 PM 8:00 PM							Free Swim		Water Polo Team					
8:30 PM	Teen Swim		Teen Swim		Teen Swim		Teen Swim		Teen Swim		Teen swim		Teen swim	
												Open to all members. Pool toys permitted. Must be 12 years old or older. Lap swimming only.		